

FEBRUARY 2019

Primary II

SOUTH BEND COMMUNITY SCHOOL

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.

Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, or Yogurt, Cheese, or Cracker Grab –n- Go, a Verity of Fresh Fruits & Veggies.

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast
WG Cinnamon Mini Bagels

Lunch
Pancake & Sausage
Potato Rounds
Veggie Pack
Peaches

4

Breakfast
WG Breakfast Pizza

Lunch
Cheese Pizza
Green Beans
Veggie Pack
Mixed Fruit

5

Breakfast
Smoothie w/1 grain

Lunch
Chicken Nuggets w/Dinner Roll
Broccoli
Veggie Pack
Fresh Fruit

6

Breakfast
Breakfast Bowl

Lunch
Salisbury Steak W/Gravy
Mashed Potatoes
Veggie Pack
Pears

7

Breakfast
WG Uncrustable

Lunch
Turkey Ranch Burger on WG Bun
Veggie Pac
Broccoli
Pears

1

Breakfast
WG French Toast

Lunch
Pepperoni Pizza
Green Beans
Veggie Pack
Baked Apples

11

Breakfast
Eqqstravaganza w/1 grain

Lunch
Bean & Cheese Burrito
Corn
Veggie Pack
Pears

12

Breakfast
Yogurt Parfait w/1 grain

Lunch
Chicken Nuggets w/Dinner Roll
Fiesta Beans
Veggie Pack
Peaches

13

Breakfast
WG Breakfast Burrito

Lunch
Mac & Cheese w/Dinner Roll
Broccoli
Veggie Pack
Frozen Fruit Cup

14

Breakfast
Mini Pancakes

Lunch
Hot Dog on WG Bun W/Potato Rounds
Veggie Pack
Applesauce

8

Breakfast
WG Mini Cinnamon Waffle

Lunch
Sloppy Joe on WG Bun
Mixed Vegetables
Veggie Pack
Mixed Fruit

15

Breakfast
WG Maple Pancake on a Stick

Lunch
Taco Meat w/WG Tortilla Shell
Corn
Veggie Pack
Pears

18

Breakfast
Smoothie w/1 grain

Lunch
Charbroiled Hamburger on WG Bun
French Fries
Veggie Pack
Fresh Fruit

19

Breakfast
WG Sausage Cheese Brk. Pizza

Lunch
Pizza Dippers
Marinara Dipping Sauce
Veggie Pack
Baked Apples

20

Breakfast
WG French Toast

Lunch
Chicken Patty on WG Bun
Broccoli
Veggie Pack
Frozen Berries

21

Breakfast
WG Maple Pancake on a Stick

Lunch
Taco Meat w/WG Tortilla Shell
Corn
Veggie Pack
Pears

22

Breakfast
WG Breakfast Slider

Lunch
Corn Dog on A Stick
Mixed Vegetables
Veggie Pack
Mixed Fruit

25

Breakfast
Yogurt Parfait w/1 grain

Lunch
PBBQ Chicken w/Tortilla Chips
Maple Baked Beans
Veggie Pack
Fresh Fruit

26

Breakfast
Cheese Omelet w/1 grain

Lunch
Chili w/Corn Muffin
French Fries
Veggie Pack
Applesauce

27

Breakfast
WG Blueberry Pancakes

Lunch
3 Cheese Panini
Tomato Soup
Veggie Pack
Peaches

28



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Esta institución es un proveedor que ofrece igualdad de oportunidades*